

Discharge Information Leaflet for Parents / Carers of a Child with an Injury (*Plastic Service*) attending the Plastics Dressing Clinic



If your child needs a dressing change, they will require an appointment:

- in St. Annes Dressing Clinic
- or with your GP, if suitable.

You should give your child pain medicine one hour prior to the dressing change.

- The dressing has been applied to protect the wound.
- Do not remove the dressing unless otherwise advised.

You may need to contact your GP or the clinic if any of the following things happen before your child's dressing change appointment.

- The bandage becomes wet or falls off exposing the wound.
- The bandage is too tight or your child starts to complain it is hurting them.

If your child becomes unwell

If your child shows any of the symptoms below or if the dressing gets wet, you will need to contact St Annes Dressing Clinic or your GP immediately for advice.

These symptoms may indicate a wound infection or allergy to the dressing and your child may need an earlier appointment to have wound checked.

- Unexplained high temperature
- Bad smell from the dressing
- Swelling or redness around the injured area
- Wound fluid leaks through the dressing
- Pain not relieved by paracetamol



Care - following discharge from clinic

- A follow up appointment to the Plastics OPD clinic, is not usually required.
- If you have any concerns following your discharge from the dressing clinic please contact the Clinical Nurse Specialist (CNSp) who will give you advice and refer your child on if necessary.
- Moisturise the site (3-4 times a day) with Aveeno moisturising lotion.
- Avoid sun exposure. Wear sun protective clothing and sun hats if needed. Always apply sun block (factor 50+) to reduce damage to this area.



Developed by: Plastics Dressing Clinic, St. Annes Ward

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