

Full Name:
Address: Addressograph
HCR.....

Parent Education and Training Template

Competency framework for Carers / Guardians for **Allergy and Anaphylaxis Care**



Childs Name	
Healthcare Record Number	
Date of Birth	
Consultant	

Self-Assessment	Standard	Suggested Evidence
Level 1 – Observed	I have observed a demonstration of the skill. I can discuss the core elements involved and relate theoretical knowledge	Following observation I can describe the essential components of the skill and can relate theory appropriately
Level 2 – Participate	I can perform safely and effectively under supervision with potential for some omissions or inaccuracies	Skilful in some aspects but lacks coordination. Displays some confidence but spends considerable time focusing on the skill.
Level 3 – Supervised	I can perform safely. I am accurate and effective in most aspects of the skill.	Skilful and coordinated performance in most aspects of the skill. Some degree of confidence but is distracted when the skill is more complex.
Level 4 – Competent	I can perform safely, accurately and effectively.	Skilful and coordinated performance. Confident and is able to achieve objectives within appropriate timeframe.

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Record of Education and Training for Patients / Parents with **ADRENALINE AUTOINJECTOR**

Date:.....

	Yes	No
Management plan explained and given		
Discussed signs and symptoms of allergic reaction and indications of when to administer Adrenalin		
Emphasised the risk of anaphylaxis associated with food allergy while low, is possible		
Site and technique of administration demonstrated		
Training pens for all approved brands of pen demonstrated		
Training pens practiced by parent/child under supervision		
Discussed the importance of checking pens and recognising the brand when prescription is issued to you		
Importance of checking and recording the expiry date on pens discussed with child/parent		
Advice given about storage of, access to, and disposal of pens.		
Discussed training for other care givers/friends and teachers as appropriate		
Opportunity for questions		

Nurses signature

Parent / Guardian

Remember - Your child should carry 2 Adrenaline Autoinjectors at all times

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IMPORTANT!!!

Delay in action can be fatal

Adrenaline is the only medication proven to reverse anaphylaxis and is most effective when used at the first sign of anaphylaxis.

- Now you have been trained in the use of the Auto injector, fill your prescription promptly.
- Read your management plan.
- Practice using your training pen every month.
- Your child should carry two Adrenaline Auto-injectors at all times. This does not mean one in your bag and one in the car. A second dose may need to be given from the 2nd pen).
- Ensure that the Adrenaline pens are in date, check the expiry often

WEBSITES

Go to the Websites to see the demonstration videos:

ANAPEN <https://www.youtube.com/watch?v=ZR5c5VP2rOs>

<https://www.youtube.com/watch?v=yr9qhQCgzBk>

JEXT <http://www.jext.ie/>

EPIPEN <http://www.epipen.ie/>

EMERADE <http://www.emerade.com/>

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