



### **Pain Relief**

It is **really important** that you **give** your child pain medication i.e. Paracetamol and/or Ibuprofen prior to coming for your appointment. It can be given with their drink at 7am or an hour before appointment time. We may have to remove bandages/dressings to assess the wound and this can be painful. By not giving pain relief, it can delay assessment and treatment plan.

Any regular medication, including antibiotic, can also be given at this time unless you have been advised otherwise.

### **Will my child require surgery?**

The Plastics Doctors, will determine if surgery is required for your child.

If surgery is required, your child will be placed on the emergency theatre list, and we will try to facilitate surgery as soon as possible. However, there may be some unavoidable delays, and we apologise in advance for any delays you might experience. You will be kept informed and updated at all times.

Occasionally, surgery may need to be deferred until the next day and reasons for this will also be explained accordingly.

If your child does not require surgery, we will refer you on to the next appropriate stage i.e. dressing clinic, GP / PHN or OPD appointments.

Hopefully this information helps you prepare for your visit to CHI at Crumlin but if you have any questions, please do not hesitate to ask us.

Contact No: 01 409 6407

**Remember:** Ask your nurse if you are unsure about anything about your child’s care.

### **Additional instructions**


Developed by Grainne Noone CNSp, Burns & Plastics

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Sláinte Leanaf Éireann



Children’s Health Ireland

## **Information for parents / carers of a child The Burns & Plastics Trauma Clinic**



**Children’s Health Ireland at Crumlin**

**Phone: 01 409 6100**

## Why do you need to see the Plastics Team?

Because of the nature of your child's injury/burn, they may require specialist Plastic surgery involvement to ensure best treatment options and outcome. We run a Plastics Trauma Clinic every morning from 7.30am. It is important that you arrive at the time you were given, as the Plastics Doctors may be attending to other matters outside of this time and you may have to wait to be seen which could result in delaying treatment plans.

From Monday - Friday you can come straight to the clinic (directions below), where you will be checked in to be seen. If your appointment is at the weekend/Bank Holiday, please check in at the Emergency Department beside the main entrance before coming down to us.



## Directions to the clinic

- When you arrive through the main entrance of the hospital, turn right and follow the signs for Medical Tower
- Proceed down the long corridor and enter Medical Tower 2.
- Go past the reception desk and turn left.
- Walk past two elevators, turn left through the double doors, and then walk through the first door on the right.
- Proceed through two other doors arriving into the waiting room.
- You will be checked into the clinic here.



## What to bring

Please bring the referral letter given to you by your referring hospital / Doctor.

Also, bring a small overnight bag in case your child needs admission and any items your child may need i.e. toys, blanket, medication.

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Please let us know on arrival, if your child has been in contact with any infections / illness recently e.g. vomiting, Covid19, or if they were ever in a medical facility abroad, etc.



## Fasting information

It is important that your child does not eat or drink anything before their appointment, as by doing so, may delay any surgical intervention that may be considered necessary. Please follow these guidelines before you come to the appointment:



## Babies

You can give your baby formula feeds/solids until 02:00am or breast milk until 05:00am. They can also have clear fluids (water/7up/apple juice ONLY) until 7am.

At 07:00am you **MUST** give them clear fluids **ONLY** as it will help reduce the feeling of hunger.



## Children

You can give your child food and fluids until midnight / 2am. Ensure they have eaten well prior to going to bed. They can also drink clear fluids up until 7:00am i.e. flat 7up / apple juice / water but at 7:00am, you **MUST** give them a glass of clear fluids **ONLY**, to help reduce the feeling of hunger.

If your child is attending the clinic with a burn or scald injury, they do not normally need to fast but adhere to what the referring doctor advises you and you **MUST** give pain relief before coming to see us.