

Frequently Asked Questions

What can my child eat and drink?

Your child should avoid fizzy drinks on the day of the extraction as they may interfere with the healing process and may cause some bleeding.

A soft diet is best on the day of the extraction.

Avoid very hot food and drink.

When can I brush my child's teeth following extraction?

You can brush the remaining teeth on the evening of the extraction. You must start usual brushing the day after the extractions to provide a clean mouth for best healing.

Should my child rinse his / her mouth out?

No. Rinsing can dislodge the clot that has formed and may cause bleeding.

Tooth Fairy

We have given you a jar containing your child's tooth for the tooth fairy.

Additional Instructions

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Ospidéal Mhuire na Leanaí, Croughlinn
Our Lady's Children's Hospital, Crumlin

Our Lady's Children's Hospital, Crumlin, Dublin 12

...where children's health comes first

Information for parents / Guardians of children post tooth extraction



Department: _____ Ward
phone (01) 409 _____

Tel: (01) 4096100 (main switch)

Your child has had 1 or more teeth extracted today. Here is some information that will help you to care for him / her.



Local Anaesthetic

Local anaesthetic is used by the dentists when extracting teeth, even if your child has been treated under general anaesthetic.

It can leave your child's mouth numb for about 2 to 3 hours afterwards. It is important to supervise your child closely during this time.

It is important to try and prevent your child from biting his / her lips, tongue or cheeks.

Very hot foods and drinks should be avoided as they might unknowingly burn your child's mouth.



Things to Look Out For

Pain

Some discomfort is to be expected after an extraction, however your dentist or nurse will discuss what pain medicines will work best for your child.

You will be given a pain relief information leaflet before you go home. This will detail what pain medicines your child received while in hospital.

Pain relief should be given at regular intervals at home until your child is comfortable and pain free.

Bleeding

It is normal for there to be some bleeding after an extraction but it rarely causes a problem. A little blood mixed with saliva can look like a lot of blood!

If bleeding continues after leaving the hospital you can roll up a clean handkerchief or a piece of gauze and place it into the mouth where

there is bleeding and ask your child to bite down on it. Leave this in place for 20 minutes.

Swelling

Some swelling, and occasionally bruising, is expected but this should resolve in a week or two.

Stitches

If your child has had stitches, they will dissolve in a week or two unless otherwise advised.

What to do if any problems persist ?

Contact the dental department here in the hospital for advice from Monday to Friday between 9am and 5pm on (01) 4096549.

In the event of an emergency please attend your nearest children's Emergency Department.

