

INFORMATION LEAFLETS FOR PARENTS / CARERS OF A CHILD

ALDARA (Imiquimod)



Introduction

Aldara cream is licensed for the topical treatment of external genital and perianal warts but it is prescribed by your Doctor, as it is also effective in the treatment of warts on any part of the body. It works with your body's own immune system to make natural substances that helps to fight the virus that causes your warts.

Treatment

- Hands should be washed before and after treatment.
- Make sure you wash the area being treated prior to application of the cream.
- Cut a corner of the sachet, squeeze some cream onto a cotton bud, and apply in a thin layer, only to the affected area until the cream soaks in.
- Apply prior to normal sleeping hours and avoid washing the area during this 6 to 10hour period. Remove the cream if irritating the area within treatment time.
- Apply Aldara cream 3 times per week (e.g. Monday, Wednesday & Friday) for 6 to 8 weeks. (It may be applied up to 5 times per week if so prescribed by your dermatologist).
- After treatment time it is essential that Aldara cream is removed with mild soap and water.
- Sachets, once opened, should not be reused.

Special precautions and warnings for use

- Avoid contact with eyes and lips.
- Aldara is not recommended until skin has healed after any surgery or cuts.
- Do not use Aldara if you are allergic to any of the ingredients.
- Occlusive dressing is not recommended with Aldara cream therapy.
- Inflammatory reactions may occur at site of application. These include erythema (redness), excoriation (scratch marks), flaking and oedema (swelling of the skin). Rarely, intense reactions like hardening of the skin, small open sores or small bubbles under the skin might also occur. Should a skin reaction occur the cream should be washed off.
- Do not recommence the cream unless discussed with the dermatology team.
- Aldara cream may make you more sensitive to the sun. Avoid prolonged sun exposure, tanning booths and wear a sun factor and protective clothing when exposed to the sun.

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