

General After-Care

Your child may return to school within a day or two after surgery.

Your child's follow up appointment is:

Date:
Time:

If you have any concerns or further questions when you are at home, please contact your:

G.P. Or

Ophthalmology Clinic (OPD)

Monday – Friday

8:00am – 5:00pm

(01) 409 6349

or your **Local Emergency Department**



Remember: Ask your nurse if you are unsure about anything about your child's care.

Additional instructions



Developed by Ophthalmology

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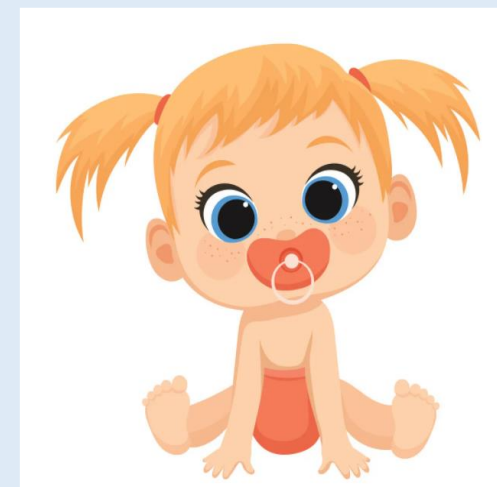
Sláinte Leanaí Éireann



Children's Health Ireland

Information for Parents / Carers of a child

Post-Operative Instruction Probing of the Nasolacrimal System



Children's Health Ireland at Crumlin

Phone: 01 409 6100

Your child has undergone probing of the nasolacrimal system **with** or **without** insertion of tubes. The symptoms of tearing and discharge from the eyes experienced before this surgery usually resolves in the first few days after surgery. This is a minor procedure, which is usually performed as a day case.

As with any surgery there may be risks of pain or bleeding

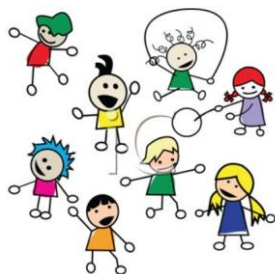
Risk of Bleeding

Minor nose bleeding is common following surgery. This is not harmful and will resolve within a few days. If there is significant bleeding, please call the Eye Clinic or after 5pm contact your local Emergency Department.

Risk of Pain

This procedure is not painful, but your child may feel a little uncomfortable. On discharge home, your child's pain should be well controlled.

You may give your child over the counter pain relief as instructed by your pharmacist (Please read and carefully follow the instructions for all medications carefully).



Will my child need eye medication after this procedure?

Eye medications (drops) may be prescribed after this surgery. If tubes have been placed in the eye during surgery, please take care not to pull the eyelids apart when putting in eye medication (drops).



Care of the eye after the procedure (with or without tubes):

If the eyes are sticky, clean with cool boiled water and a tissue, wiping from the inner corner of the eye (near the nose) to the outside of each eye. Continue to clean with a clean tissue each time until the eye is clean.

Your doctor may perform an eye test during your child's procedure using an orange dye. This dye may temporarily stain the eye orange. This is nothing to be concerned about and will fade away itself.

Care of the eye after the procedure (with tubes)

Sometimes tubes are placed in the nasolacrimal system during surgery. If this is the case, a clear plastic tube may be seen in the inner corner of the eye. It is not irritating to the eye in this position. Tubes remain in position for about 1-4 months and may be removed in the Eye Clinic or in theatre.

Please do not attempt to touch the tube as this may loosen it.

If the tube loosens, what will I do?

For about 10% of children, the tube may suddenly loosen. A clear plastic loop of tubing will be seen at the inner corner of the eye.

If this happens:

- Tape the loop of the tubing to the bridge of the nose and
- Call the Eye Clinic or after 5pm call your local Emergency Department.

Arrangements will be made to bring your child in to have the tubes removed.

DO NOT ATTEMPT TO REMOVE THE TUBE YOURSELF

