

Remember

Ask your nurse if you are unsure about anything about your child's care.

Additional instructions

Developed by The staff of the Surgical Day Unit

Date issued: April 2009

Date of review: May 2021 / Review: May 2024

©2021 Children's Health Ireland All rights reserved. No part of this publication may be reproduced, stored in a retrieval system or transmitted in any form or by any means without the prior written permission of the copyright holder. Our Lady's Children's Hospital makes no representation, express or implied, with regard to the accuracy of the information contained in this publication and cannot accept any legal responsibility for any errors or omissions that may be made.



Children's Health Ireland
at Crumlin

INFORMATION FOR PARENTS/ GUARDIANS OF A CHILD POST

- ORCHIDOPEXY
- HERNIA REPAIR
- HYDROCELE OPERATION



MAIN SWITCH: 01 409 6100

Definitions

Orchidopexy

Surgery to move an undescended testicle into the scrotum.

Hernia Repair

A surgical procedure for correcting a hernia, which is a bulging of internal organs or tissue.

Hydrocele

A painless swelling of the scrotum caused by a collection of fluid around the testicle.

Wound Care

- The sutures in the skin are dissolvable. Over these there may be paper stitches called steristrips. A small dressing usually covers the wound.
- Keep wound dry for 5 days (i.e. no baths or showers) and then the outer dressing may be removed.
- If steristrips are present, allow them to fall off or remove after 10-14 days if they have not fallen off.
- Loose clothing should be worn for comfort



Following an Orchidopexy (*undescended testes*)

It is usual to have one or two stitches in the scrotum which are dissolvable. The scrotum may appear swollen for a few days. If the swelling becomes excessive and you are concerned please seek medical attention.

Signs of Infection

- Pain
- Swelling
- Redness around wound
- High Temperature
- Please observe for signs of infection and visit your G.P. if you are concerned



Pain Relief

- Your child will be given pain relief in theatre.
- A nerve block with local anaesthetic can cause weakness/numbness in the legs. Your nurse will advise you if this was given. This will wear off after 4 - 6 hours, no walking is allowed until after this time.
- You will be given a pain relief leaflet, informing you of the times to administer pain relief at home. Pain relief should be given at regular intervals.

Activities

- Your child should not attend school until he is able to walk comfortably.
- School games, sports, swimming and cycling should be avoided until your child is reviewed in out-patients.
- An out-patient appointment will be given to review the wound in 4-6 weeks.

