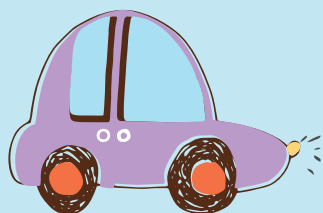


Going Home by 11



Going home from hospital following your child's planned procedure or illness, requires some preparation to ensure that everything runs smoothly.

This information sheet lists some helpful things for you to think about when your child is ready for home.



Contact Us



Children's Health Ireland at Crumlin
D12 N512
Ireland

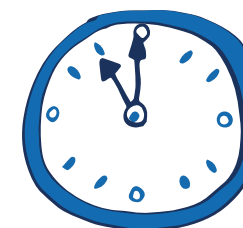
Telephone: +353 (0) 1 409 6100

Fax: +353 (0) 1 455 8873

Website: olhc.ie

Please check out our A to Z of Parent/Patient Information Leaflets in the 'Children & Family' section on olhc.ie

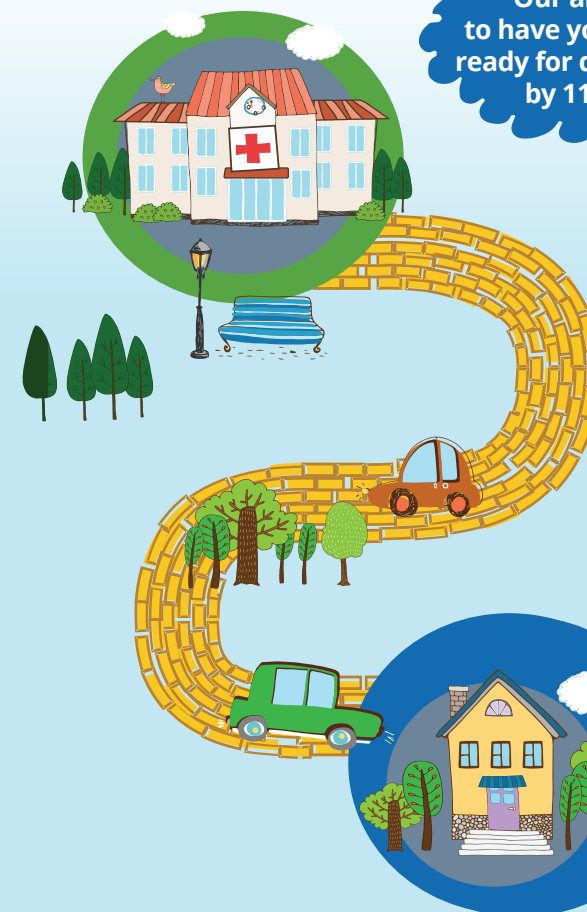
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Going Home by 11

You are welcome to ask your clinical team about your child's hospital discharge plans at any time

Our aim is to have your child ready for discharge by 11am



When will my child be discharged?

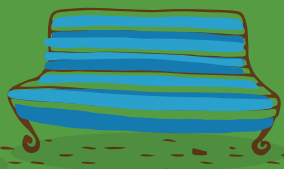


The Consultant and team caring for your child, may give you a possible date for discharge.

If your child is still receiving treatment, it might not be possible to provide an exact date, but an estimate may be given to you. We encourage you to ask about your child's discharge plans at any time.

Things you can organise:

- ✓ Arranging transport home
- ✓ Child minding, if needed for other children at home
- ✓ Time off from work, if needed



Our aim is to have your child ready for discharge by 11am

On the day of discharge, most children are ready to go home in the morning time, especially if you are aware of the possibility of discharge from the day before.

WE WOULD ASK THAT YOU HAVE YOUR CHILD'S BED FREE BY 11AM

Occasionally, a child may need to be seen by the medical team, have last dose of medications or blood tests later in the day. If this happens to your child, they may be discharged in the afternoon, evening or at night time. The nurse looking after your child or ward manager, will keep you informed of this.

Helping us to help you

Before going home, please make sure that you know all about your child's after-care.

- ✓ Write down any instructions
- ✓ Ask the nurse looking after your child anything you are not certain of
- ✓ If equipment or dressings need to be arranged, your nurse will arrange for this through your Public Health Nurse (PHN)
- ✓ Any follow up or Out Patients (OPD) appointment, will be arranged for your child prior to discharge
- ✓ If you do not receive this appointment at discharge, an appointment card will be posted out to you

About your child's medications

Have you been given your child's prescription?

Do you understand the detail in the prescription?

For medication not supplied by the hospital, please check that your local Pharmacy has a supply of this. Your Nurse or ward Pharmacist will be happy to assist you with this.

Be sure you know what your child's medicine is for.

How often they need to take the medication.

How long they need to continue taking it for.

Any special instructions on how to administer the medication.

The nurse looking after your child will be happy to go through this with you and may arrange for a Pharmacist to meet with you.

Please Remember



- ✓ DO read all of the instructions and follow them all at home
- ✓ DO ask about anything you don't understand or feel that you need to know
- ✓ DO ask for the return of any belongings or medications which may have been stored away for safe keeping while in hospital

If you have any concerns or questions following your child's discharge, please contact the ward where your child was a patient and speak with the Nurse in charge.