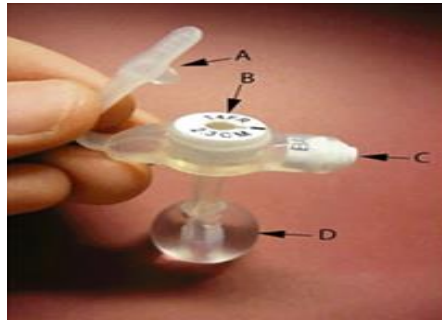


## INFORMATION LEAFLETS FOR PARENTS / CARERS OF A CHILD

### ELECTIVE REMOVAL of Mic-key Low Profile Gastrostomy Feeding tube (Mic-Key Button)



A) Extension Port Cover
B) Extension Set Port
C) Balloon Valve
D) Silicone Retention Balloon

#### Introduction

This leaflet provides information to help you and your child to prepare for the elective removal of a Mic-key Low Profile Gastrostomy Feeding Tube. The decision to remove the Mickey button will have been a combined decision with your child's doctor, dietician and possibility speech and language therapist. Removal of the button can be arranged with Nutrition Support Team.

#### Pre procedural preparation

Your child must only have a light diet prior to the procedure. Removal of a Mickey Button can be performed while your child is awake by deflating the Silicone Retention Balloon and removing the Mic-key Button

#### Post Procedural Care

Once the button is removed, a dressing will be placed over the gastrostomy site as soon the child is comfortable they will be allowed home.

#### Eating And Drinking

Your child should a Light Diet such toast/jelly/yogurt/small portions of regular meals for at least 48 hours after the procedure.

DO NOT GIVE FIZZY DRINKS for at least 48 hour (avoid feeling of fullness)

#### Discomfort or Pain

Your child may feel some pressure at the stoma site when the Mic-key button is being removed initially but should not experience any ongoing pain or discomfort.

Avoid constipation and straining as this can put pressure on the stoma site and may facilitate persistent leakage of stomach contents.

## Dressing

Your child will have a mepore/meplix borderlite dressing applied immediately following the procedure. This can be left in place and removed after 48hours or as instructed by the surgical team.

## Stoma Site Leakage

A small amount of leakage can occur on the stoma site dressing for up to 3-5 days. If this occurs change dressing daily.

If your child requires more than 2 dressing changes a day and stomach contents are leaking onto your clothes and bedding, be mindful your child could become dehydrated/unwell. The stoma site may become excoriated (red and sore) and painful if this occurs, seek medical advice

If leakage of stomach contents is present on the dressing the acidity of the stomach contents can cause the stoma site to become excoriated (red and sore) and painful an oral antacid (prescribed by your child's doctor/GP) maybe required to reduce the acidity of stomach contents.

**7-10 Days after the procedure:** If there is a persistent amount of stomach leakage, please contact CNSp (Nutrition Support) 01409 2656.

**1 month after the procedure:** If there is still a small amount of leakage, contact the CNSp (Nutrition Support) as your child may be referred back to the surgical team for review in OPD.

## Bathing

Avoid submerging your child's stoma site in a bath for the first 48-72 hours. Once you are confident there is no leakage bath as normal.

## Bleeding

If bleeding occurs you should apply gentle pressure to the stoma site for approximately 15 minutes. If bleeding persists please seek medical attention/advice.

## General After-Care

Your child may return to school/normal daily activities when they are comfortable.

If you have any concerns please do not hesitate to contact the hospital:

**Telephone:** (Main Switch): 01 409 6100 or

**CNS (Enteral Nutrition):** 01 428 2656

**After Hours:** Seek medical attention/advice from your nearest hospital



**Remember: Ask your nurse if you are unsure about anything about your child's care.**

**Additional instructions**

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