REMEMBER:

Ask your nurse if you are unsure about anything about your child's care.

Additional instructions

Information For Parents/Guardians For The Management Of Nappy Rash Following Anorectal Surgery

at Crumlin



Children's Health Ireland at Crumlin
Phone: 01 409 6100

As directed by CNSP

DIRECTIONS

ADVANCED:

Clean your child's bottom as advised

FOR

 Aim the applicator sponge downwards and firmly depress the lever to break the internal ampule, you will hear a snapping or popping sound.

USING

CAVILON

- Keep applicator pointing downwards for approx. 10 seconds
- Apply cavilon advanced skin protectant by gently wiping the foam sponge across the affected area, this can be done in any direction. There is no need to push down on the foam sponge as they can result in pooling of fluid



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WHY?

Following Stoma closure and Pull Thru surgery children with congenital diseases such as Hirschsprungs Disease or Anorectal Malformations may suffer from nappy rash due to frequent exposure to stool.

Nappy rash can vary from mild redness to very severe excoriation leading to a very uncomfortable rash for the child.

PREVENTION OF NAPPY RASH:

- Immediately after surgery ensure that a barrier cream is applied to your child's bottom
- Change your child's nappy as soon as possible following a bowel movement
- Clean your child's bottom thoroughly with warm soapy (non-perfumed) water and a soft cloth or water wipes. Try to avoid using standard BABY WIPES
- Apply barrier creams/paste/powder as directed by your Stoma/Colorectal CNSp

REMEMBER
"It is best to prevent the rash"

HEALING NAPPY RASH:

- Clean your child's bottom gently with warm water and a soft cloth, and pat dry gently
- If cleaning with a cloth becomes too painful, using the shower to rinse of the of the poo can help
- Bath daily to remove all creams/ointments

- Following removal of creams or after bathing, exposing the child's bottom to the air can help "dry" the skin
- If skin is not healing or there is evidence of infection (bright red spots on bottom) it is advisable to have your GP/CNSp check it as it may need treatment with an antifungal cream



RECOMMENDED TREATMENTS:

- Ilex paste
- o Cavilon advanced
- Metanium
- Orobase Paste
- 3 in 1 (mixture of vaseline, orobase + metanium mix equal amounts of each together in a clean tub)
- Sudocreme / Bepanthen (used for mild irritation)
- It is advisable to apply a layer of waterproof barrier over creams / pastes
 e.g. Vaseline
- If skin is to "wet" and prevents creams/pastes from sticking a light dusting of Caldesene / Orohesive Powder may be advised by your CNSp.

For treatment of a bacterial infection, an antifungal cream will be prescribed.

REMEMBER:

In the case of the following, it is advisable to apply a barrier cream/paste prophylactically to your child's bottom:

- Teething
- Change of diet
- Diarrhea
- Antibiotics/Laxatives

DIRECTONS FOR USING ILEX

- Clean your child's bottom as advised
- Firstly apply a non-sting barrier film product and allow to dry
- Apply a layer of ILEX over the area of bottom needing protection. Allow 30seconds to dry
- Apply a layer of VASELINE over the ILEX and surrounding skin to prevent the nappy from sticking to the ILEX.
- When cleaning, only the stool should be wiped off using a soft cloth and water leaving the ILEX intact.
- Reapply additional ILEX if required, then reapply VASELINE.(This is to minimize further trauma to the skin)
- The ILEX should be entirely removed once a day using a soft cloth with a good amount of mineral/baby oil or in the bath.

NOTE Removing ILEX more often or without the use of mineral / baby oil may inhibit the healing process.