

# OPAT

**Outpatient parenteral antimicrobial therapy  
Training checklist for parents accessing a PICC line**



Addressograph Label

## *Additional Instructions*

-----

-----

-----

-----

Developed by OPAT Team

Date issued: Nov 2015

Date Reviewed: January 2019

Date of next review: January 2023

Disclaimer & Copyright ©2019, CHI@Crumlin. All rights reserved. No part of this publication may be reproduced, stored in a retrieval system or transmitted in any form or by any means without the prior written permission of the copyright holder. Every effort has been made to ensure that the information provided is accurate and in accord with standards accepted at the time of printing.

Learning outcomes to be achieved	Date	Observed	Nurse Sign	Parent Sign	Practiced	Nurse Sign	Parent Sign	Supervised	Nurse Sign	Parent Sign	Competency	Nurse Sign	Parent Sign
Hand washing principles (SARI)													
Non Touch Technique													
Administer 0.9% Sodium Chloride (normal saline) Flush and Lock													
Push Pause Technique													
Positive Pressure Technique													
Practice with Baxter Equipment													
	<b>For Special Individual requests for Heparin</b>												
Administer Heparin sodium 10units/ml Flush and lock													

**DO NOT ATTEMPT TO WITHDRAW blood WITH SIZE 1 & 2 FR. AS PER OPAT PROTOCOL NO HEPARIN REQUIRED IN COMMUNITY.**

**Explanations**

- **Non touch technique** – With cleaned ungloved hands avoid touching/decontaminating key parts which have been disinfected.  
Key parts – Needlefree, syringe tips, tip of Intermate® line
- **Push pause technique** – Flush briskly with NACL 0.9%, pausing briefly after each ml.
- **Positive pressure technique** -- Clamping PICC line while flushing the last amount of flush) NACL 0.9%. (Heparin Sodium if using) under pressure.