### **Waiting list office**

If you have a non-clinical query about your child's surgical date or waiting list status, please contact the booking office on 01 409 6126 for assistance.

### **Patient Advocacy**

Should you wish to give any compliments, suggestions or complaints about your experience of the service, please contact the Patient Advocacy Department on 01 409 6715 for assistance or email pacs@olchc.ie

### **Repeat Prescriptions**

For repeat prescriptions, please contact your GP.

### **Contact Us**

Spinal Disorder Clinical Nurse Specialist Team.

### **Phone**

01 409 6024 Monday - Friday 10:00-1200.

A voicemail service operates outside of this time and all messages are responded to within 24 hours.

Alternatively, you can email: <a href="mailto:Spinal.Disorders@olchc.ie">Spinal.Disorders@olchc.ie</a>

**Dedicated scoliosis phone line for parents** 

01 409 6877 Mon - Fri 09.00-12.00

### REMEMBER

Ask your nurse if you are unsure about anything about your child's care.

Further Information	

### **USEFUL INFORMATION SOURCES**

Scoliosis Research Society (SRS) <a href="https://www.srs.org/">https://www.srs.org/</a>

Paediatric Orthopaedic Society of North America (POSNA)

https://posna.org/

British Scoliosis Society (BSS) <a href="http://www.britscoliosissoc.org.uk/">http://www.britscoliosissoc.org.uk/</a>

The American Academy of Orthopaedic Surgeons (AAOS)

https://www.aaos.org/Default.aspx?ssopc=1

Scoliosis Association (SAUK) <a href="https://www.sauk.org.uk/">https://www.sauk.org.uk/</a>

http://www.olchc.ie/Children-Family/Scoliosis/

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# INFORMATION FOR PARENTS / CARERS OF A CHILD WITH SPINAL DISORDERS



CHI at Crumlin, Dublin 12

Phone: 01 409 6100

### Who is the Clinical Nurse Specialist (CNSp)?

The CNSp is a nursing member of the Orthopaedic team who has specialist knowledge of Spinal Disorders such as Scoliosis. The CNSp is a support person between you, your Consultant Orthopaedic Surgeon and the multidisciplinary team (MDT).

# The role of the Clinical Nurse Specialist in Spinal disorders includes the following:

The provision of a clear explanation and support to you and your child. This includes explanation of diagnosis, investigations required and surgical interventions.

The CNSp is a support to help and guide you and your child through their scoliosis management journey. The CNSp, can be available for a call or respond to voicemail or e-mail. They can provide information and reassurance to cope with the day-to-day effects of scoliosis on your child's quality of life. The CNSp work as a member of the orthopaedic team ensuring that both you and your child are prepared for and supported through the post-operative period.

This service provides a nurse led scoliosis assessment and preparation for surgery (including ECG, ECHO, Respiratory Investigations, Bloods, X-rays', Physiotherapy and sometimes Clinical Photographs.)

# What is the role of the Orthopaedic surgical team?

The Surgical Team is made up of a Consultant Orthopaedic Surgeon, an Anaesthetic Consultant and a team of non-consultant doctors.

### **Spinal Surgeons**

There are five Consultant Orthopaedic Surgeons, who offer spinal surgery in Crumlin Hospital:

- Mr. David Moore
- Mr. Jacques Noel
- Mr. Pat Kiely
- Mr. Jim Kennedy
- Mr. Pat O'Toole

### **Investigations**

The Orthopaedic Surgical Team arranges the required investigations including X-rays', CT's and MRI's as necessary.

### **COBB Angle**

The Cobb angle is the angle, which measures spinal curvature in degrees. The Consultant Orthopaedic Surgeon assesses the progression of your child's condition in terms of measurements (i.e. COBB angle). This is usually discussed at your outpatient visit by your consultant.

### Letters

Please request any letters or other written information you may require with the doctor at your OPD visit.

#### An MRI

An MRI is required to out rule any spinal cord abnormalities prior to surgery. The CNSp will be on hand to give advice on obtaining same as your child cannot proceed to surgery without having a full spinal MRI (Cervical, Thoracic, Lumbar levels). A copy of these results should be sent in to the Orthopaedic department in Crumlin hospital.

## **Specialist Referrals**

Some children will need to be seen by other specialists such as Cardiology, Respiratory,

Neurosurgery, and dietetics. The team will discuss your child's individual needs.

#### **Anaesthetic Review**

This may need to be carried out up to six weeks before surgery. When your child is called for review, they will need to attend for a day appointment and have a number of tests performed followed by a consultation with a Consultant Anaesthetist. This review is carried out to ensure your child's safety while under anaesthetic during their spinal surgery. The anaesthetic nurse specialist will be in contact with this date.

## **Post-Operative Care**

To improve efficiency of recovery we have introduced an advanced recovery programme for specific patients, your team will talk to you regarding this. You will be seen in OPD 6-8 weeks after discharge. In case of emergency, please contact your GP or local emergency department.

**Orthopaedic Administration Team-** If it is a letter or report you require, please contact the relevant orthopaedic secretary.

Surgeon	Secretary Contact
Mr. D Moore	01409 6000 ext 2490
Mr. P Kiely	01409 6145
Mr. J Noel	01409 6380
Mr. P O'Toole	01409 6000 ext 2414
Mr. J Kennedy	01409 6877

Out Patients Department - If you require any information about your outpatient appointments, please contact the Outpatients Department on 01 4096130 / 6131 / 6132 / 6162 during the hours of 0900-1230 and 1400-1700 Monday to Friday for assistance or email: opd@olchc.ie