- Do not apply cream or ointments over the glue
- Do not allow swimming or bathing for 7 days.

Observe the wound for the following

- Redness, swelling, ooze, warm to touch, odour (smell), in too much pain.
- Observe the child for any temperature and lack of appetite
- The wound will heal within 6 to 8 weeks' time in a healthy person.
- Eating fresh fruit and vegetable will help wound healing.
- Wounds heal faster if they are kept warm.
- Please contact GP / CHI at Crumlin if you have any concerns.
- Pain management
- Continue regular pain medication for at least 48 hours to allow mobilization without pain.

Pain relief last given on ward:

Any known medication allergies Yes

No

Please give details		

Name	Dose	Time
Paracetamol		
Ibuprofen		

Returning to normal routine

• School: once pain free

• Exercise: avoid 4-6 weeks

• Swimming: avoid at least 6-8 week.

• Or as per surgeon's plan.

Additional Information		

Developed by The Dressing Clinic

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Discharge Advise for Parents / Guardians of a child with a post-operative / surgical wound



Contact Details

Ward / Dept.:

Ward:

Main Switch: 01 4096100

Fax: 01 455 8873

Full Name: Address:	
HcRN:	
DOB:	

Name of the surgery	
Date of the surgery	
Appearance of the	
wound on discharge	
Dressing on the	
wound on discharge	
Number & type of	
sutures	
Outpatient Date	
Outpatient Time	

If the wound is dressed

- Do not disturb dressing unless indicated, as it may cause harm and delay in healing process.
- Keep the dressing clean and dry. Change when ever needed this will reduce the risk of infection.

If the wound is exposed

- Do not touch the wound with uncleaned hands.
- Do not use soap and skin cleansers over the wound.
- Keep the wound dry for the first 24 hours after surgery.



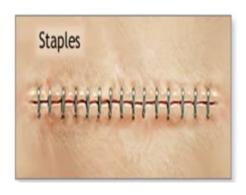
Steri-strips

Can have shower after 48 hours, wound to be covered with water proof dressing.

- If the wound has steristrips
- Steri strips are sterile pieces of medical tape used to close the wounds and help the edges grow back together. It keeps the wound clean.
- Usually they fall from the skin in about 7 to 10 days. If not soak with lukewarm water and peel gently.



- If the wound has any sutures / stitches
- Do not try to pull or remove by yourself.
- Make an appoinment with GP / Clinic as per discharge plan.
- If the wound has staples



Staples

- Staples can be effective way to close wounds after surgery.
- Do not remove staples by yourself.
- The doctors will remove staples with staple extractor.



Surgical Glue

- If the wound has surgical glue
- It is used to glue the sides of an incision.
- It reduces the chance of infection.
- It forms a scab over the wound.
- The glue usally peels off in 5 to 7 days.
- Do not rub or scratch and always keep dry.