

St Anne's Ward

ORIENTATION BOOKLET

For student nurses on clinical placement to St. Anne's Ward who are undertaking one of the following programmes:

- Bachelor of Science (Nursing) Children's & General Integrated
- Higher Diploma in Nursing Studies (Children's Nursing)
- Bachelor of Science (General)

Student Name:

Preceptor:

Philosophy of Care on St. Anne's Ward

The team on St Anne's ward are committed to working together to provide each individual child with the highest standard of care possible.

Our aim is to provide a safe comfortable and compassionate environment.

We aim to adopt a fun, friendly yet professional approach at all times, to ensure the children receive quality family centred care.

Created by the staff on St Anne's ward
2022

Welcome to St. Anne's Ward

We hope you enjoy your placement to this ward. This booklet gives an overview of the ward, the staff and the learning opportunities, which are available to you during your placement.

St. Anne's ward is a 15-bed Burns, Plastics and ENT unit.

We care for children from birth to 16 years of age with a burn or requiring plastic surgery. We accept all other children from 1 year to 16 years of age.

St. Anne's Ward is also closely linked with the Out-Patient Burns and Plastics Clinic and separate Trauma Clinic

St. Anne's Ward also care for other patients with a variety of medical and surgical conditions.

Our philosophy on St. Anne's Ward is one of holistic family-centred care. This means that we care for the children in partnership with their parents and families. We encourage parents to stay with their children during their hospital stay.

Ward staff

The nursing staff on St Anne's Ward comprises of Clinical Nurse Managers (CNM 1 and CNM 2), a Clinical Nurse Educational Facilitator (CNEF), and staff nurses.

On St Anne's Ward, there are also Healthcare Assistants, Household Staff, a Play Specialist, and a Ward Clerk.

Please feel free to familiarise yourself with our staff photo board where there are photos and names of the staff working on St. Anne's Ward. Our "Hello, My Name Is" badges should help you remember our names too.

Break Times

Breakfast 30 minutes (between 9 & 10.30am)

Lunch 40 minutes (between 12.30 & 2pm)

Tea 30 minutes (between 5 & 6pm)

Hours of Placement (All Students)

You will be advised on how many days & weeks you must attend placement for (clinical shifts and reflective practice days) by the following:

- **Supernumerary Nursing students**: Student Allocations Liaison Officer (SALO)
- **PRCNS students**: PRCNS Co-Ordinator

Off Duty

- Your off duty will be decided by the Clinical Nurse Manager 2.
- Changes to your off duty may be facilitated but this is dependent on ward skill mix.
- Duty may be swapped between students only with prior agreement of Clinical Nurse Manager 2.
- During your placement you will be allocated a preceptor and a co-preceptor. We try as much as possible to facilitate students to work alongside your allocated preceptor so that your assessments are performed by nursing staff you have been closely linked with.



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- **Reflective practice:** You will be facilitated to attend your mandatory reflective practice sessions in the CCNE (Children's Centre for Nurse Education) or online. Reading & unstructured reflective practice will be accommodated but must be undertaken within the department.

Absence Reporting:

If you are absent for any reason you must follow the reporting structure below:

<u>Absence Reporting</u>	
Supernumerary Nursing Students (1 st ; 2 nd ; 3 rd & 4 th yrs.)	Rostered Student Nurses (PRCNS & Interns)
1. Ring the Clinical Area	1. Ring Nursing Admin
2. Email: student.absence@olchc.ie	2. Ring the Clinical Area
	3. Email: PRCNS Co-Ordinator (PRCNS) / Email: student.absence@olchc.ie (Interns)
Please refer to the full guideline for further information hours, absences and returning to placement:	
➤ <i>Supernumerary students Guidelines on Absenteeism and Duty, Supernumerary Nursing Students BSc Nursing Children's and General -Nov. 2020</i>	➤ <i>CHI Crumlin Guideline on Duty Public Holiday Absenteeism for Rostered Stds 2021</i>

Children's Safety

Children's safety is an important aspect of paediatric nursing care. Children may not have the experience and knowledge to understand the risks associated with everyday things. Therefore as nurses, we need to look at things from a child's perspective and eliminate hazards, which may injure a child.

- Always ensure that the child is wearing a legible hospital ID band, displaying their Name/ Number/ Date of birth/ Ward.
- To avoid scalds when preparing a bath, always use cold tap first and ensure water is at correct temperature.
- Supervise young children during a bath or a shower.
- Sterile bottles should be used for children under 1 year. A sterilising unit should be in the rooms of all those who are using sterile bottles.
- Children should wear shoes or slippers when walking around the ward to prevent falls.



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- When a child/baby is in a cot, ensure that the cot sides are raised and secured in position, check this yourself by pushing on the side to ensure it is correctly/securely latched in position. If a child is at risk of falling out of bed, attach side-rails to the bed and ensure they are pulled up when the child does not have an adult in attendance.
- To prevent a child tripping and falling, remove objects and obstructions from the floor.
- Children love to explore, so always ensure that the doors of side rooms and ward exit doors are closed.

Usual daily routine

This is only a brief summary of the nursing care received by the children each day. The children's specific nursing care is planned and delivered only after a careful assessment of the child's nursing needs. Continue to check patients' notes, medication kardex and link in with the nurse in charge over the shift for any changes or updates to patient care. All students nursing notes must be countersigned.

Mornings

- Report and summary of children's condition
- Assess children and plan care for the day
- Carry out patient safety checks
- Children's breakfasts
- Children's personal hygiene
- Complete intake & output charts
- Monitor PEWS
- Administer medications. A drug round with the trolley is done every morning
- Pre and post-operative care of children requiring surgery. Link in with theatre as appropriate about fasting times
- Dressing changes
- Doctors' rounds
- Organise children for discharge, we aim to have our patients "Home by 11"
- 12.00 Children's lunches

Afternoon

- Reassess children's condition and plan care accordingly
- Complete intake & output charts
- Monitor PEWS
- Administer medications
- Admissions
- 15.00 Verbal report to update nurses on children's care
- Update nursing documentation & get them countersigned.

Evening

- Evaluate care and record it on nursing care plans.
- 16.00 Children's teas
- Complete intake & output charts
- Monitor PEWS
- Administer medications
- Reassess children's condition and update nursing care-plans if necessary
- Handover report to night duty staff

The Learning Environment on St. Anne's Ward

During your placement, you will at all times be buddied with a staff nurse to provide the nursing care for the children in your section. Initially you will not have your own patients. Depending on your stage of training, you may be allocated a patient workload straight away. However, for students in Stage 1, once you have settled in and feel confident, you will have one or two patients whom you will care for under the staff nurse's close supervision.

Learning opportunities on St. Anne's Ward

To help you to focus your learning, we have compiled a list of practical elements of nursing care, which you should have the opportunity to complete during your placement. Please let us know if there is something, you particularly want to see or do, and we will try to facilitate you.

Maintaining a safe environment

- Perform an admission assessment of an infant/ child
- Perform patient safety checks
- Complete nursing documentation
- Assist in the discharge planning of a child
- Paediatric pain assessment
- Implement isolation precautions
- Perform an MRSA and MDRO screen
- Care for an Intravenous cannula under supervision
- Be aware of potential safety hazards on the ward
- Transfer a child to and from theatre with a staff nurse depending on stage of training
- Observe medication administration

Breathing and circulation

- Monitor and record PEWS in children, including apical pulse
- Monitor and record pre and post-operative observations

Eating and drinking

- Assess the child's normal eating patterns and try to encourage healthy eating
- Monitor and record a child's fluid balance
- Calculate a child's fluid requirements
- Make up an infant formula feed and/or bottle feed an infant
- Check the position of an NG tube
- Feed a child through an NG or gastrostomy tube

Elimination

- Assess the child's normal elimination routine
- Monitor and record a child's output
- Change an infant's nappy and attend to nappy area care
- Obtain a urine specimen using a bag
- Performing a urinalysis



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- Assist a young child/ child with special needs with toileting/ sacral area care

Personal cleansing and dressing

- Attend to children's hygiene needs
- Bath an infant
- Perform a bed bath
- Attend to a child's oral hygiene
- Assist with a burns dressing
- Assist during a burns bath
- Perform a wound swab

Communication

- Answer the ward telephone appropriately
- Maintain good communication with child and their family
- Explore concept of play
- Participate in communicating with the MDT, including the site manager and bed management team.

Learning resources available on St. Anne's Ward

- Children's nursing and medical notes
- The children and their parents
- Nursing staff and members of the multi-disciplinary team
- Burns policy folder and burns information/ literature folder
- Wound care folder
- Education board in CNM 2 office.
- Textbooks:
 - Whaley & Wong's Nursing Care of Infants & Children
 - Practices in Children's Nursing
 - Plastic Surgery and Paediatric Plastic Surgery
- Internet resources
- "Burns" journal – printed and online versions
- Cleft Palate Policy
- Intranet for CHI policies, procedures, guidelines and care plans

Fluid Balance /PEWS/ Medication

- Intravenous fluid intake for a child is prescribed according to the child's weight. To calculate the fluid requirements for a child for 24 hours:

First 10 kgs of body weight	100mls/kg
Next 10 kgs of body weight	50mls/kg
Every kg thereafter	20mls/kg
- Expected urinary output for a child: 1ml/kg/hour



Normal ranges of vital signs

The normal ranges for vital signs in paediatrics vary depending on the infant /child's age.

Please consult the age appropriate Paediatric Observation Chart (PEWS).

There are five charts: 0-3 months 4-11 months 1-4 years 5-11 years 12+ years

Drug Calculations

What you want X volume in which it is contained
what you have

Immunisation Schedule for Children in Ireland

*For most recent information, please refer to the following website: HSE.ie/immunisations and the *OLCHC Medication Policy 2017*.*

We hope you enjoy your time on St Anne's ward and gain experience, which will benefit you in the future. Should you have any queries or concerns please feel free to speak to CNM/CNEF/Preceptor/CPC

While you are on clinical placement, you will be 'buddied' with your preceptor/co-preceptor/a registered nurse. If you have any information to feedback regarding your patient in the first instance report it to your 'buddy' nurse, if they are not available report it to the CNM/nurse in charge. Always handover your patient information before going on break or home to your 'buddy' nurse.

Student Signature:

Preceptor Signature: