

ORIENTATION BOOKLET

For student nurses on clinical placement to **St. Joseph's Ward who are undertaking one of the following programmes:**

- Bachelor of Science (Nursing) Children's & General Integrated
- Higher Diploma in Nursing Studies (Children's Nursing)
- Bachelor of Science (General)

Student Name:

Philosophy on St. Joseph's Ward

On St. Joseph's Ward we strive to ensure that each individual Child receives excellent quality patient care.

Our primary aim is to provide a high standard of nursing care in a manner that is warm, friendly, energetic, and professional.

Nursing Staff on St. Josephs ward are committed to delivering safe, holistic and compassionate care to children, in partnership with and supportive of children's families.

Welcome to St. Joseph's Ward

We hope you will find working here a rewarding and enjoyable experience. This booklet is intended to give you an overview of the ward, the staff and the learning opportunities, which are available to you during your placement.

St Joseph's is a 22- bedded ward specialising in Orthopaedic and GI/Liver conditions, comprising of single and double rooms. Patients attending the ward range from one year and above. The ward manages the following: (this is not an exhaustive list)

Orthopaedic Conditions:

- Spinal fusion, Spinal adjustment, Scoliosis, Spinal injuries
- Slipped Upper Femoral Epiphysis
- Limb lengthening discrepancies
- Fractures
- DDH
- Torticoillitis
- Osteomyelitis
- Septic Arthritis
- Osteogenesis Imperfecta
- CTEV
- Perthes
- Hip and foot reconstructions

GI and Liver Conditions:

- Ulcerative Colitis
- Crohns Disease
- Acute liver failure & Hepatitis
- Chronic Liver Disease
- Pre or Post Liver transplant (as T/F from U.K.)

The student is expected to gain knowledge of the above conditions and to care for patients with the following:

- Neurovascular assessment
- Pain assessment
- Cast care
- Care of a patient in an immobilising device e.g. Thomas splint, hip spica, external fixators, traction device
- Care of a patient pre and post orthopaedic surgery
- Care of a patient with an epidural
- Care of a patient with GI bleed (Oesophageal varices)
- Assessment of the unwell IBD patient (Toxic Megacolon)
- Care of a patient pre and post liver biopsy
- Care of a patient undergoing OGD and Colonoscopy

Ward Staff

The nursing compliment on St Joseph's ward consists of Clinical Nurse Managers (CNM 1) and (CNM 2), Clinical Nurse Facilitators (CNFs), Staff Nurses, and Student Nurses.

Our "Hello, My Name Is" badges should also help you remember our names too.

Hours of Placement (All Students)

You will be advised on how many days & weeks you must attend placement for (clinical shifts and reflective practice days) by the following:

- **Supernumerary & Rostered Nursing students:** Student Allocations Liaison Officer (SALO)
- **PRCNS students:** PRCNS Co-Ordinator

Off Duty

- Your off duty will be decided by the Clinical Nurse Manager 2. Always check your duty to ensure you have the correct amount of shifts rostered.
 - Changes to your off duty may be facilitated but this is dependent on ward skill mix.
 - Duty may be swapped between students only with prior agreement of Clinical Nurse Manager 2.
 - During your placement you will be allocated a preceptor and a co-preceptor. We try as much as possible to facilitate students to work alongside your allocated preceptor so that your assessments are performed by nursing staff you have been closely linked with.
- **Reflective practice:** You will be facilitated to attend your mandatory reflective practice sessions in the CCNE (Children's Centre for Nurse Education) or online. Reading & unstructured reflective practice will be accommodated but must be undertaken within the department.

Absence Reporting: If you are absent for any reason you must follow the reporting structure below:

Absence Reporting	
Supernumerary Nursing Students (1 st , 2 nd , 3 rd & 4 th yrs.)	Rostered Student Nurses (PRCNS & Interns)
1. Ring the Clinical Area	1. Ring Nursing Admin
2. Email: student.absence@olchc.ie	2. Ring the Clinical Area
	3. Email: PRCNS Co-Ordinator (PRCNS) / Email: student.absence@olchc.ie (Interns)
Please refer to the full guideline for further information hours, absences and returning to placement:	
➤ <i>Supernumerary students Guidelines on Absenteeism and Duty, Supernumerary Nursing Students BSc Nursing Children's and General -Nov. 2020</i>	➤ <i>CHI Crumlin Guideline on Duty Public Holiday Absenteeism for Rostered Stds 2021</i>



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Family-Centred Care

A philosophy of nursing with a family-centred care approach is encouraged at all times, this means we care for the children in partnership with their parents and families. We encourage parents to stay with their children during their hospital stay

Usual daily routine

This is only a brief summary of the nursing care received by the children each day. The children's specific nursing care is planned and delivered only after a careful assessment of the child's nursing needs. Care plans are used to record nursing care and child's condition; these should be updated regularly throughout the shift.

CONTINUOUSLY LIAISE WITH THE CNM TAKING FLOOR DUTIES IN RELATION TO YOUR PATIENT'S CONDITION

Mornings

Report and summary of infant/child's condition- including any specific needs, blood tests, x-rays, procedures etc.

Check and assess infants/children, perform safety checks and develop plan of care for the day (after having checked on your patients)

Breakfast time.

Attend hygiene needs

Weigh infant/child if due

(Post void, pre
breakfast)

Perform pre and post-operative care

Infant/children's lunches/feeds

Prepare patient for discharge

(Home by 11 initiative)

Afternoon

Reassess infant/children's condition and plan accordingly

Nursing update

Evening

Reassess infant/child's condition and update notes as necessary

Report for nursing administration

Handover to night staff

Throughout the day:

Doctor's rounds

Admissions, transfers and discharges

Bringing/collecting infants/children from theatre, x-ray etc.

Organise phlebotomy, IV cannulation

Administer medications, linking in with Nurse in Charge RE any IV medications/fluids

Update intake and output charts, Monitor vital signs

Update nursing notes and evaluate care- get notes countersigned



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Other Members of the Multidisciplinary Team

<u>Orthopaedic Team:</u>	(each Consultant has a Registrar and there are 2 SHO's)
Mr Moore	Limb Lengthening and Spinal Surgery
Mr Noel	General Orthopaedic Surgery and Spinal Surgery
Mr Kiely	General Orthopaedic Surgery and Spinal Surgery
Ms Kelly	General Orthopaedic conditions and Foot and Ankle Surgery
Mr P.O'Toole	General Orthopaedic and Joint Surgery/Replacement
Mr Kennedy	General Orthopaedic and Spinal Disorders
Ms. Alberghina	General orthopaedic conditions and foot and ankle surgery

GI Team:

Prof. Billy Bourke	Dr. Shona Quinn
Dr. Ann Marie Broderick	Dr. Eimear Fitzpatrick
Dr. Seamus Hussey	

Clinical Nurse Specialists (CNSp) :

Our team includes the following

<i>Orthopaedic:</i>	Limb Lengthening CNS Spinal Disorders CNSp's Plaster Care CNSp's Orthopaedic Oncology CNSp
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GI/IBD: Team of 4 CNSp's with 2 nurses specialising in care of children receiving Biologic medications

Liver: 2 Liver CNSp's

Dietician: Assigned to each team, they monitor the child's nutritional status and act as a resource for information and advice. The GI team have their own dietician, as do the Orthopaedic team.

Social Worker: Social workers are assigned to each team and see patients as requested.

Physiotherapists: The Physiotherapists, see patients on referral by doctors.

Occupational therapy: Our OT, see patients on referral by doctors

Psychology: see patients on referral by doctors. GI have a set psychologist.

Play Therapist: Our play therapist, Fran, helps to prepare patients for theatre and phlebotomy

School Teacher: helps to ensure school-age children do not miss too much of their curriculum

Phlebotomist and IV team: Specialist nurses who are trained specifically in the administration of cannulas and in obtaining blood samples

Laboratory: Specimens are placed in a dedicated tray in our office, awaiting collection by porter at regular intervals throughout the day. Specimens may also be sent to the lab via chute.

Pharmacist: Our Pharmacist, will review drug kardexs daily, to identify drug interactions, and to identify if drugs are appropriately prescribed for the child's gestational age and weight.



Healthcare Assistants: Their role is to assist nurses in the day to day care of the children and to perform duties under nursing direction. Daily duties include:

Bringing specimens to the lab/chute.	Washing and making beds.
Accompanying patients to different departments	Collecting supplies/equipment from different departments as needed
Stocking store room and ordering from CSSD	Ordering food on a daily/weekly basis.

Household: Look after cleaning on ward and delivering food supplies and meals to ward. Hours are 8.00 – 16.00. For after hours cleaning services contact janitor/household by bleep.

Ward Clerk: play a central role in communication and administration with nursing, medical and other hospital personnel, as well as with parents and visitors. They organise and file documents in charts, make appointments, type up off-duty and send this to nursing administration. They also order stores and answer phones and keep the office in good order.

The Learning Environment on St Joseph’s Ward

During your placement you will, at all times be linked with a staff nurse to provide the nursing care for the children in your section. We would encourage you to ask questions and become actively involved in managing the care of your patients.

Learning Opportunities on St Joseph’s Ward

To help you to focus on your learning, follow the Reference Guide for Student Participation in Care (2022) which provides examples of nursing care which you should have the opportunity to complete during your placement, in conjunction with Clinical Learning Outcomes. Please let us know if there is something you particularly want to see or do and we will try to facilitate you.

Learning resources available on St Joseph’s Ward

- Child’s nursing and medical notes
- Their parents
- Nursing staff and members of the multi-disciplinary team
- Policy and guideline folder
- Student Information Folder
- Education board in the Multi-Purpose Room
- Textbooks
- Internet resources, including the hospital Intranet and Internet
- Online journals



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Other relevant information

Children's Safety

Children's safety is an important aspect of Paediatric nursing care. Children may not have the experience and knowledge to understand the risks associated with everyday things. Therefore as nurses, we need to look at things from a child's perspective and avoid hazards, which may injure a child.

- Always ensure that the child has a clearly legible ID band in situ displaying the Name/Number/Date of birth/Ward, - must be on child's arm or leg, loose enough not to mark skin. (id band on patient's bed is not acceptable)
- When preparing a bath, always use the cold tap first and ensure water is at correct temperature.
- To prevent scalds, it is our policy that hot drinks are not permitted on St Joseph's Ward at bedsides or on corridor. Parents are not permitted to go into the ward kitchen. Patients are not permitted to go into Parents kitchen.
- When a child is in a cot or confined to bed, ensure that the cot sides/bed rails are raised and secured in position
- If a member of the public is on the ward and is unknown to you, please ask can you help them to ensure they are in the correct department
- Bedside oxygen and suction must be checked on every shift to ensure it is working and connected correctly with age-appropriate masks and suction catheters available. Each bed must also have an age/weight appropriate Bag- Valve Mask nearby.
- Every nurse must check their PEWS charts at the beginning of each shift, to ensure that is the correct age chart for their patient and that it has the correct labelling etc. The nurse must be aware of any Parameters/ Escalations in place and if they need to be altered or updated.
- Its is important to us on St. Josephs to maintain high hygiene standards. Please ensure your patients bedsides are clutter free. Please report any issues (household related or otherwise) to the relevant person for attention. Familiarize yourself with the Estates Helpdesk system.
- Ensure any equipment you use is in safe working order, with relevant safety straps/breaks/etc. Report any issues with same.

Miscellaneous

- Expected urinary output for a child: 1ml/kg/hour
- Intravenous fluid intake for a child is prescribed according to the Childs weight. To calculate the fluid requirements for a child in 24hours:

First 10kgs of body weight	100mls/kg
Next 10kgs of body weight	50mls/kg
Every kg thereafter	20mls/kg

Drug Calculation

Amount Required (What you want) _____ x Volume
 Amount present in medication (What you have)

Immunisation Schedule: For most recent information please refer to: the following website: HSE.ie/immunisations and the OLCHC Medication Policy 2017.

We hope you enjoy your time on St Joseph's and gain experience, which will benefit you in the future. Should you have any queries or concerns please feel free to speak to CNM/CNF/Preceptor/CPC.

While you are on clinical placement, you will be 'buddied' with your preceptor/co-preceptor/a registered nurse. If you have any information to feedback regarding your patient in the first instance report it to your 'buddy' nurse, if they are not available report it to the CNM/nurse in charge. Always handover your patient information before going on break or home to your 'buddy' nurse.

Student Signature: _____

Preceptor/ CNF Signature: _____



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