

# PICC Dressing Change (A Quick Guide)

# Step 1

# TWO NURSES ESSENTIAL

# PICC SIZES - 1 Fr and 2 Fr

Assemble equipment

- Dressing pack
- 2 sterile gloves
- Steristrips™ (Blue 12mmx100mm)
- Sodium Chloride 0.9%
- Chlorhexidine swabs (Clinell™ wipe)
- Tegaderm Advance<sup>™</sup> dressings available in three different sizes
- Biopatch<sup>™</sup> placed at insertion site to prevent ascending line infection
- Cavillon™ if local surrounding skin redness is apparent



# Step 2

- Prepare everything, place on a dressing trolley
- Place Baby / Child in a secure position lying down
- Anchor Arm / Leg. Use Soother / Sucrose / Distraction techniques

# Step 3

- Decontaminate hands
- · Don sterile gloves
- · Cut Steristrips in half
- · Remove dressing carefully with adhesive remover
- Always leave some part of the line secured. Do <u>not</u> loose length
- · Peel dressing towards insertion site. This is the hardest part, so take your time.

# Step 4

- Remove gloves, Decontaminate hands, Don sterile gloves
- Clean around the site with Clinell swabs, using circular, central to outwards firm movement, discarding swab after each circular use
- Steristrip line securely, follow previous application replacing one at a time
- Apply Cavillon / Biopatch
- Apply dressing use a big dressing but not circumferential
- Secure the line with either a correctly sized Tubigrip<sup>™</sup> or Mollelast<sup>™</sup> bandage
- · Decontaminate Hands





# PICC Dressing Change (A Quick Guide)

# TWO NURSES ESSENTIAL

PICC SIZES - 3 Fr, 4 Fr and 5 Fr

Follow Previous Steps,

Which Securement Device applies to this PICC?

# **Sutures**

 If Sutures older than 10 days, consider requesting assistance from Senior Staff to change to a Statlock™

# **Statlock**™

- Clean around the line, see above, observe site
- Apply Cavillon and Biopatch
- Use a Tegaderm Advance Dressing largest possible, but not circumferential
- Secure with Tubigrip or Mollelast Bandage
- Statlocks are not changed routinely in Paediatrics, request assistance from Senior Staff

# **SECURACATH**™

# View Videos on H Drive; Securacath™

- Consider downloading Securacath App Free
- Lift Securacath up and down to clean, not side to side
- Pad under Securacath with gauze to prevent pressure area
- Consider use of Cavillon / Biopatch
- Cover with a large Tegaderm Advance
- Secure with Mollelast or Tubigrip
- Decontaminate Hands





#### FOLLOWING DRESSING CHANGE, DOCUMENT PROCEDURE IN PATIENTS CHART

# **NOTIFY MEDICAL TEAM OF ANY CONCERNS**

Should you have any enquiries, please contact Eileen O'Loughlin –CNS PICC– Bleep 8481

Developed by: Eileen O'Loughlin – PICC CNS / Jewella Santillan CNEF CHC / Carmel Gallagher - Clinical Placement

Issue Date: October 2021 / Review Date: October 2024

Disclaimer & Copyright ©2021, Children's Health Ireland at Crumlin, Dublin 12. All rights reserved. No part of this publication may be reproduced, stored in a retrieval system or transmitted in any form or by any means without the prior written permission of the copyright holder. Every effort has been made to ensure that the information provided is accurate and in accord with standards accepted at the time of printing.

