

**NURSING CARE PLAN No 3**  
**Cardiac Catheterisation**  
*All careplans must be used in conjunction with careplan1*

Full Name: .....

Address: Addressograph .....

HCR.....

<b>Care Plan No 3 Problem</b>	<b>Cardiac Catheterisation Goal</b>	<b>Issue Date:</b> June 2020 <b>Review Date:</b> June 2023	
<p>.....</p> <p>will be safely prepared for cardiac catheterisation</p> <p>.....</p> <p>will have a potential risk of cardiac arrhythmia or haemorrhage related to</p> <p>.....</p>	<ul style="list-style-type: none"> <li>• Will be safely prepared for Cardiac Catheterisation</li> <li>• Cardiac needs will be supported</li> <li>• Cardiac Arrhythmias will be detected and treated</li> </ul>		
<b>No</b>	<b>NURSING INTERVENTION</b>	Commencement, Date, Signature, Time, Grade	Discontinued, Date, time, Signature, Grade
<b>1</b>	<b>Pre-Cardiac Catheterisation</b>		
	<ul style="list-style-type: none"> <li>• Explain procedure to patient and family. Involve play specialist in the process.</li> <li>• Discuss any requests that the parent or child may have in relation to the procedure/Anaesthetic.</li> <li>• Fast from Milk solids from: ..... Clear fluids from: .....</li> <li>• Place fasting sign over bed and explain to parents and child the meaning of same.</li> <li>• Remove food from child's reach.</li> <li>• Insert Peripheral IVC if needed.</li> <li>• Specific pre-operative needs:</li> </ul> <p>.....</p> <p>.....</p> <ul style="list-style-type: none"> <li>• Complete pre-operative checklist, date and sign, ensure consent is signed.</li> <li>• Administer pre-medication and or other medications if prescribed:</li> </ul> <p>.....</p> <ul style="list-style-type: none"> <li>• Accompany child/infant &amp; parent safely to Cardiac Catheterisation laboratory (X-ray)</li> <li>• Child/infant may bring comforter with him/her.</li> <li>• Emergency Drug Computation to be printed out.</li> </ul>		
<b>2</b>	<b>Post Cardiac Catheterisation Support</b>		
	<ul style="list-style-type: none"> <li>• Monitor observations of temperature, pulse, respiration, oxygen saturations and blood pressure:</li> <li>• Every 15 minutes for 1 hour from Recovery Room</li> <li>• ½ hourly for 2 hours</li> <li>• Hourly for 4 hours</li> <li>• 2 hourly for 2 hours, if stable</li> <li>• Monitor wound sites with observations</li> <li>• Monitor pedal pulses with observations</li> <li>• Nurse flat if possible.</li> <li>• Maintain on bed rest for 4 to 24 hours</li> </ul>		

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3	Cardiac Arrhythmias	Commencement , Date, Signature, Time, Grade	Discontinued, Date, time, Signature, Grade
	<ul style="list-style-type: none"> <li>Nurse on cardiac monitor as ordered, report and record any deviations in rate or rhythm.</li> <li>Apply electrodes to clean, dry skin monitor sites regularly for redness / irritation.</li> <li>Check leads for intactness and positioning</li> <li>Monitor effectiveness of treatment and report/record.</li> <li>Observe the dressing for any signs of bleeding.</li> <li>Observe first void of urine and document.</li> <li>Remove pressure dressing from wound site 4-24 hours post procedure.</li> <li>Observe wound site prior to discharge.</li> <li>Report and record deviations from normal</li> <li>ECHO / ECG / CXR done as required.</li> </ul>		
4	Pain		
	<ul style="list-style-type: none"> <li>Assess pain score on return from catheterisation laboratory</li> <li>Use non-pharmacological means of pain relief for dressings etc, distraction, play therapy.</li> <li>Administer analgesia as required as prescribed and monitor and record effects of same.</li> </ul> Paracetamol / Ibuprofen.....		
5	Medications		
	<ul style="list-style-type: none"> <li>Administer other medications as and if prescribed, e.g. antibiotics, anticoagulants</li> </ul>		
6	Discharge Workup for Post Cardiac Catheterization		
	<ul style="list-style-type: none"> <li>Tolerating Food and drink</li> <li>No signs of Bleeding</li> <li>Prescription/ Pharmacy Education</li> <li>Verbal education</li> <li>Give parents Cardiac Catheterization information Leaflet</li> <li>OPD Booked</li> <li>Parents are aware when was the last pain relief was given.</li> </ul>		

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