

NURSING CARE PLAN No 3a
Congestive Cardiac Failure
Please use in conjunction with Careplan 1

Full Name:

Address: **Addressograph**

HCR.....

Care Plan No 3a Problem		Congestive Cardiac Failure Goals		Issue Date: December 2017 Review Date: December 2020	
<p>.....</p> <p>Has Congestive Cardiac Failure related to.....</p>		<ul style="list-style-type: none"> • Breathing will be supported • Observations • Intravenous/oral diuretics and fluid balance • Cardiac medications • Minimal handling 			
No	NURSING INTERVENTION			Commencement, Date, Signature, Time, Grade	Discontinued, Date, time, Signature, Grade
1	Respiratory support				
<ul style="list-style-type: none"> • Nurse upright to encourage maximum chest expansion, well supported with pillows, use infant seat if necessary. • Monitor respiratory status as condition requires <p>.....</p> <ul style="list-style-type: none"> • Administer oxygen as prescribed via humidifier, report and record effect of same <p>.....</p> <ul style="list-style-type: none"> • Observe sputum for colour and consistency • Sputum samples as ordered • Replace oxygen equipment as per guidelines 					
2	Observations				
<ul style="list-style-type: none"> • Record baseline observations, temperature, pulse, respirations, blood pressure, oxygen saturations. Frequency as condition dictates <p>.....</p> <ul style="list-style-type: none"> • Nurse on cardiac monitor if indicated • Pyrexia. Use pharmacological and non-pharmacological means of reducing temperature. <ol style="list-style-type: none"> 1. Nurse in a well-ventilated room 2. Administer antipyretics as prescribed 3. Encourage cool drinks 4. Remove excess clothing and blankets 					
3	Intravenous / oral diuretic treatment and fluid balance				
<ul style="list-style-type: none"> • Administer intravenous/ oral diuretics as per OLCCH Formulary • If diuretics intravenous use care plan 9 • Monitor response to diuretic therapy, report and record. • Monitor electrolytes, report and record • Weigh patient daily/alternate days, report and record. • Fluid restriction as ordered by medical team. • Monitor strict intake and output, <i>in infants weigh nappies pre and post urination in older children measure urinary output, monitor output ml/kg/hour report and record.</i> 					

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4	Cardiac Medications	Commencement, Date, Signature, Time, Grade	Discontinued, Date, time, Signature, Grade
	<ul style="list-style-type: none"> • Administer medications as per Medication Policy OLCCHC 2017 • Be aware of actions, side effects, special precautions, serum levels of any medication prescribed. • If administering Digoxin, monitor pulse rate pre and post administration of medication. If deviations report to medical team and record. • If commencing anti-hypertensive medications (Captopril) monitor blood pressure prior to and 30 minutes post medication report to medical team if low and record. • Other medications 		
5	Minimal Handling		
	<ul style="list-style-type: none"> • Organize nursing and medical activities to allow for period of uninterrupted sleep • Utilize measures to reduce infant/child anxiety-<i>encourage parent to patient contact, encourage parent to stay if possible, ensure quick response to crying/irritability</i> 		
6	Other Needs		

Created by Nursing Department
Issue Date: December 2017 / Review Date: December 2020

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