

NURSING CARE PLAN No 18
ALTERED SKIN INTEGRITY ECZEMA
 All careplans must be used in conjunction with careplan 1

Full Name:

Address: **Addressograph**

HCR.....

Care Plan No 18 Problem	ALTERED SKIN INTEGRITY ECZEMA Goals	Issue Date: April 2018 Review Date: April 2021	
<p>..... has altered skin integrity due to Eczema / Infected Eczema</p>	<ul style="list-style-type: none">will receive safe and appropriate care relating to her/his altered skin integrity Complications will be detected early and managed appropriately 		
1	<p>NURSING INTERVENTION <i>As per Medication Kardex as prescribed by Dermatology / Medical Team</i></p>	Commenced, Date, Time, Signature, Grade	Discontinued Date, Time, Signature, Grade
<p>DAILY SKIN CARE REGIME</p> <p>In Dermatology, the words emollient and moisturiser have same meaning and are interchangeable.</p> <p><u>MORNING</u></p> <ul style="list-style-type: none"> Emollient bath with _____ for 5-7 minutes And Antiseptic (Milton) Twice Weekly (<i>If prescribed</i>) _____ for 5 minutes All baths should be tepid and use non-perfumed shampoo if required e.g Elave Apply topical therapy / steroid ointment Face / Neck _____ Body _____ Allow to dry in for 30 minutes then apply emollient _____ to face and body <p><u>AFTERNOON</u></p> <ul style="list-style-type: none"> Apply emollient _____ to face and body <p><u>EVENING</u></p> <ul style="list-style-type: none"> Emollient bath if required _____ Apply emollient to face and body _____ <ul style="list-style-type: none"> All applications to skin should be applied in a downward motion. Avoid touching the skin and then contaminating the tub. Take required emollient out of tub with a spoon. Administer antihistamine as required, if in the evening half an hour before bedtime. If Wet Wraps or Viscopaste Bandages are prescribed by consultant please see guidelines as in NPC folder <p>Link in with Dermatology CNSp</p>			

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2	Altered Skin Integrity - Infected Eczema		
<p>DAILY SKIN CARE REGIME</p> <p><u>MORNING</u></p> <ul style="list-style-type: none"> • Antiseptic (Milton) bath for 5 minutes if prescribed _____ Or Emollient Bath for 5-7 minutes _____ • Then apply Topical antibiotic/steroid cream: Face/Neck _____ Body _____ • After 30 minutes apply emollient _____ to face and body <p><u>AFTERNOON</u></p> <ul style="list-style-type: none"> • Moisturise face and body with _____ • _____ <p><u>EVENING</u></p> <ul style="list-style-type: none"> • Give an emollient bath if required _____ • Then apply antibiotic/steroid cream: Face/Neck _____ Body _____ • After 30 minutes apply moisturiser _____ <ul style="list-style-type: none"> • Nurse in isolation • Take swabs bacterial / viral if requested • Administer oral / intravenous antibiotic as prescribed • Avoid touching the skin and contaminating the tub-use a spoon when taking out the required emollient • Observing for signs of infection e.g redness, crusting or oozing / deterioration in skin • Record temperature • Administer antihistamine as required, if in the evening, half an hour before bedtime. <p>Link in with Dermatology CNSp</p>			

Developed by Dermatology CNSp Team

Issue Date: April 2018 Review Date: April 2021

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