

NURSING CARE PLAN No 11
Neurovascular Deterioration
Please use Careplan in conjunction with Careplan 1

Full Name:

Address: **Addressograph**

HCR.....

Care Plan No 11 Problem		Neurovascular Deterioration Goals		Issue Date: August 2018 Review Date: August 2021	
<p>.....</p> <p>Has a potential for neurovascular deterioration related to:</p> <ul style="list-style-type: none"> • Fracture of (Any bone e.g. Humerus, Tibia, Metacarpal etc) • Dislocation of (Any bone or joint) • Injury to..... (Crush/burn) • Post-surgery of 		<ul style="list-style-type: none"> • Alteration in neurovascular status will be promptly detected and reported • Pain needs will be supported • Observations will be monitored 			
No	NURSING INTERVENTION			Commencement, Date, Signature, Time, Grade	Discontinued, Date, time, Signature, Grade
1	Neurovascular Care				
	<ul style="list-style-type: none"> • Monitor colour of affected limb, report and record deviations from normal. • Monitor movement of affected limb, all digits, report and record deviations. • Monitor limb sensation, checking each digit separately, report and record deviations. • Monitor temperature of affected limb, (using the back of the assessors hand on each digit separately for effectiveness) report and record deviations. Kunkler, E.C. (1999) <i>Neurovascular Assessment: Orthopaedic Nursing</i>. 3:63-67 <p>*Compare all above with unaffected limb or use baseline assessment, Contact Orthopaedic SHO / Reg if any deviations from normal.</p> <ul style="list-style-type: none"> • Palpate all pulses distal to the fracture. • If observation is restricted observe capillary refill. • Observe affected limb for swelling, oozing. Report and record deviations from normal. 				
2	Pain				
	<ul style="list-style-type: none"> • Assess pain score on admission as per pain assessment guidelines • Utilize both pharmacological and non-pharmacological means of pain relief. • Administer analgesia as required as prescribed as per OLCHC Formulary • Monitor and record effect of analgesia. 				
3	Observations				
	<ul style="list-style-type: none"> • Monitor temperature, pulse, respirations, blood pressure, oxygen saturations and Colour, Movement, Sensation and Temperature (CMST) of affected limb on admission and then as condition dictates. Report and record deviations from normal. 				