

NURSING CARE PLAN No 28
Nasopharyngeal Airway (NPA) / Nasal Stent (ENT & Respiratory)
All careplans must be used in conjunction with careplan 1

Full Name:

Address: Addressograph

HCR.....

Care Plan No 28 Problem	Nasopharyngeal Airway (NPA) / Nasal Stent (ENT & Respiratory) Goals	Issue Date: August 2018 Review Date: August 2021
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Potential for tube: <ul style="list-style-type: none"> Blockage Displacement Altered Humidification Altered Skin Integrity Altered Nutrition Parental knowledge deficit relating to NPA care / stent care 	<ul style="list-style-type: none"> To maintain a patent airway To humidify the airway To maintain skin integrity To optimize nutrition To provide education for parents and prepare for discharge
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No	NURSING INTERVENTION	Commencement, Date, Signature, Time, Grade	Discontinued, Date, time, Signature, Grade
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1	To Maintain A Patent Airway		
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Type of tube: NPA / Stent (*please circle*)

Size of tube	Location R/L nare	Date of tube change (<i>NPA only</i>)	Suction catheter size	Suction catheter depth and pressure	Signature, grade and date

- Check that the NPA / stent is patent and secure each shift and PRN
- Ensure that a spare threaded NPA in a clear sealed plastic bag taped to the cot is available.
- Suction NPA / stent as clinically indicated
- Irrigate with 0.2mls 0.9% Sodium Chloride as prescribed
- Instil Sea Salt Nasal Spray as prescribed
- Refer to care plan 2 (Ineffective breathing)
- is intubatable: YES / NO (*please circle*)

2	To Humidify the Airway		
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- Provide humidification as prescribed
- Administer 0.9% Sodium Chloride nebulisers as prescribed.

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3	To Maintain Skin Integrity	Commencement , Date, Signature, Time, Grade	Discontinued, Date, time, Signature, Grade
	<ul style="list-style-type: none"> Inspect the skin each shift and PRN ensuring that the nares are pink When attending to the skin care under the threads (<i>NPA only</i>): <ul style="list-style-type: none"> Wash the skin with a gentle cleansing wash e.g. Elave®, rinse and dry Apply a skin protector, e.g. Cavilon® Place a hydrocolloid dressing on the skin, e.g. Duoderm® Secure the threads to the hydrocolloid dressing using a clear occlusive dressing, e.g. Tagaderm® 		
4	To Optimize Nutrition		
	<ul style="list-style-type: none"> Oral feeds should be (re)started when possible Liaise with Speech and language therapist Refer to careplan 19 (Ineffective hydration and nutrition) 		
5	To Provide Education and Prepare for Discharge		
	<ul style="list-style-type: none"> Encourage and support the early involvement of parents in the NPA / stent care Assist in the completion of the NPA / stent education programme Document outcomes of parental education Early contact with community personnel Liaise with CNS Airway Management Liaise with Medical Social Worker Liaise with local hospital if appropriate 		
6	Additional Information		
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Created by S. Fitzgerald CNS Airway Management
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