

**NURSING CARE PLAN No 17a**  
**SCD Patients on Erythrocytapheresis Programme**

Please use in conjunction with careplan 1

Full Name: .....  
Address: Addressograph .....  
HCR:.....

<b>Care Plan No 17a Problem</b>	<b>Erythrocytapheresis Programme for Sickle Cell Disease Patients Goals</b>	<b>Issue Date:</b> August 2018 <b>Review Date:</b> August 2021
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..... is admitted to the HODU for planned exchange blood transfusion.	<ul style="list-style-type: none"> <li>..... will receive a safe exchange blood transfusion with no adverse effects.</li> <li>Safe discharge following scheduled procedure.</li> </ul>
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No	NURSING INTERVENTION	Commencement, Date, Signature, Time, Grade	Discontinued, Date, time, Signature, Grade
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<b>1</b>	<b>Observations</b>																								
<ul style="list-style-type: none"> <li>Record and document <b>baseline observations</b>-HR, respiratory rate, BP and temperature. If any deviations from the normal limits, please inform haematology team.</li> <li>Record and document <b>oxygen saturations</b>. If &lt;95% please inform haematology team.</li> <li>Check and record patients' <b>weight and height</b> on transfusion Kardex.</li> <li>Check and record <b>urinalysis</b>. Inform haematology of any positive findings.</li> </ul>																									
<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th rowspan="2" style="width: 20%;">Date</th> <th rowspan="2" style="width: 30%;">Urinalysis</th> <th colspan="2" style="width: 50%;">Sent to Lab</th> </tr> <tr> <th style="width: 25%;">Yes</th> <th style="width: 25%;">No</th> </tr> </thead> <tbody> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </tbody> </table>				Date	Urinalysis	Sent to Lab		Yes	No																
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		Yes	No																						

<b>2</b>	<b>Bloods</b>		
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Ensure appropriate bloods are taken prior to the exchange transfusion (either prior to exchange day or on the same day as exchange transfusion). Bloods include:					
<b>Bloods</b>	<b>Date</b>	<b>Date</b>	<b>Date</b>	<b>Date</b>	<b>Date</b>
FBC, Retics					
Haemoglobinopathy screen					
Ferritin					
GXM					
U+E, Creatinine					
LFTs, LDH					

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3	IV Access	Commencement , Date, Signature, Time, Grade	Discontinued, Date, time, Signature, Grade
	<ul style="list-style-type: none"> <li>Ensure patient has 2 intravenous cannula or a CVAD for administration and withdrawal of blood.</li> </ul>		
4	<b>Pre-Medication</b>		
	<ul style="list-style-type: none"> <li>Ensure a stat dose of Calcium Sandoz PO (Dose-0.25mmols/kg to max of 10mmols) is prescribed and administered pre-exchange.</li> <li>Ensure Piriton PO (Dose-age dependent) is prescribed and administered pre-exchange unless contra-indicated by haematology team. Check HCR.</li> </ul>		
5	<b>Amount of RCC to be exchanged</b>		
	<ul style="list-style-type: none"> <li>40mls/kg RCC will be prescribed by the doctor on Prescription &amp;</li> <li>Administration record for Blood &amp; Blood Components</li> <li>In some patients 60mls/kg is required (decision is made by the Consultant Haematologist).</li> <li>Exchange will be performed by the apheresis nurse.</li> <li>Adhere to OLCHC transfusion policy</li> </ul>		
6	<b>Specific care during and post exchange</b>		
	<ul style="list-style-type: none"> <li>Observations during transfusion as per OLCHC transfusion policy</li> <li>Monitor and record patients' observations every 30 minutes post exchange for 2 hours. Report any deviations from baseline observations to haematology team.</li> <li>Administer intravenous fluids pre and post exchange as prescribed.</li> <li>Maintain an accurate fluid balance sheet.</li> <li>If transfusion reaction is suspected adhere to OLCHC transfusion policy</li> <li>Observe patient for signs of reaction to the exchange e.g. hypotension, abdominal pain, sweating, vaso-vagal episode, haematuria. Pause transfusion and report any signs/symptoms to the haematology team for urgent review.</li> <li>Transfusion may be restarted following discussion with the haematology team.</li> </ul>		
7	<b>Prior to Discharge</b>		
	<ul style="list-style-type: none"> <li>Ensure observations are within normal limits.</li> <li>Flush the CVAD with 0.9% Sodium Chloride followed by appropriate Heparin.</li> <li>Ensure patient/parent/guardian has been given next exchange transfusion date.</li> <li>Ensure date is in the HODU diary.</li> <li>Inform parent/guardian to contact hospital if patient becomes unwell following discharge home e.g. fever, rash, haematuria</li> </ul>		
	<b>Any Other Needs</b>		

Created by The Nursing Department  
Issue Date: August 2018 / Review Date: August 2021