

5 QUESTIONS TO ASK ABOUT YOUR CHILD'S MEDICINES

when you see their doctor, nurse or pharmacist

1. CHANGES?

Have any medicines been added, stopped or changed and why?

2. CONTINUE?

What medicines does my child need to keep taking and why?

3. PROPER USE?

How do I give these medicines to my child and for how long?

4. MONITOR?

How will I know if my child's medication is working and what side effects do I watch out for?

5. FOLLOW-UP?

Does my child need any tests and when do I book his or her next visit?



When talking to the doctor, nurse or pharmacist about the medicines your child is taking, remember to include:

- ✓ Medication allergies
- ✓ Vitamins and Minerals
- ✓ Herbal/natural products
- ✓ Any rescue medicines
- ✓ Medicines you bought over the counter (i.e. when you don't need a prescription)

Ask the doctor, nurse or pharmacist to review all your child's medicines to see if any can be stopped or reduced