

## Visiting Times

Visiting hours for parents/carer's, grandparents and siblings are open where possible.

One parent/carer is generally required to stay with the patient overnight. Where possible staff will provide a pull out bed or mattress for this person.

Parent's accommodation is also available

## Meals

- Breakfast – 8:30am – 9:00am
- Lunch – 12:30pm
- Tea – 16:30pm

If a child has specialist dietary requirements please inform a member of the staff. A range of snacks are available on the ward for patients, please ask the nurses. Meals are served to patients only. Parents/ guardians and visitors are not provided with meals.

## Personal belongings

The hospital would ask for you not to bring in valuable belongings with you into hospital. The hospital cannot be held responsible for the loss of personal valuables or property.

## Laundry

There is no laundry service provided on the ward. We would ask you to arrange this with a relative or friend.

## Feedback

If you have any concerns or feedback while your child is in hospital, please speak to a member of staff who may be able to help you straight away.

All requests for information by the patient or parents/guardian are to be directed to the senior nurse on duty and treating teams.

Created by CNSps in the Psychiatry service

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**Our Lady's Children's  
Hospital, Crumlin, Dublin 12**

*...where children's health comes first*

# **GUIDELINES ON Safety and the environment in OLCHC**



**Our Lady's Children's Hospital Crumlin Dublin 12**

## Parent information leaflet on Safety and the environment

We hope that this leaflet will be useful for you and your visitors during your stay here at Our Lady's Children's Hospital, Crumlin.

If you have any questions or concerns about your care or the care of your child, please ask the nurses or a member of the treating team who are looking after you or your child.

If you need to contact the hospital at any time you can call the main hospital line on 01 409 6100.



### What to expect on the ward:

- When you arrive to the ward you will be met by a member of the nursing staff. They will show you to your allocated bed and record your observations (weight, height, blood pressure, heart rate).
- The nurse will also go through the admissions checklist with you and your parent/guardian.
- All children are individual and must be treated with dignity and respect. Children and their families are reminded that all children and families must treat the other children on the ward and staff with dignity and respect at all times. We do not expect other patients, families or staff to be subjected to any form of verbal abuse, threatened, or assaulted in any way.

- In hospital, where possible we like to promote good sleep hygiene for the patient, this includes reducing the distraction by electronic devices and TVs when the child is settling down to sleep.
- All patients will be encouraged to manage their own self-care, personal hygiene, dressing where possible.
- Children should only be off the unit if attending to medical needs, education, or if agreed in advance with the treating team and nursing staff.
- The ward doors close at 22:00hrs till 07:00hrs it is essential that the child is chaperoned at all times when off the clinical area by a parent/guardian or carer. It is not recommended that a child would be off the ward during these times. If a child is required to be off the ward during these times they would need to be chaperoned by a parent/ guardian and in the absence of this possibly two carer's.
- To prevent the spread of infection we ask all patients and visitors to use the alcohol gel that is provided on the entrance/exit to the hospital and ward

### Staff

#### Nurses

The nurses on the ward work on a shift basis. You will have a nurse allocated to you for the day time and then again for the night time.

Nurses can provide you with information about your care however if you or your parents/guardian would like to talk to a member of your treating team this can be arranged when they are available.

#### Doctors

Each child will be admitted under a named Consultant whilst in the hospital.

Doctors do carry out ward rounds throughout the day however they also have a variety of additional duties

such as attending clinics, admitting patients and performing clinical procedures so they do not provide set times for when they visit the wards.

### Medical Social Work

MSW are a team within the hospital and that they work closely with the treating teams and may come and see you while you are in hospital.

### Specialist Services

Your treating team may refer you to specialist services within the hospital. This will be discussed with you and they may come and review you on the ward or arrange a time to review you in their department.

### Activities / Play Therapist

All patients are encouraged to engage in activity and interaction where possible. Some wards have access to play therapist and a playroom, please ask nursing staff for further information if required.