

NURSING CARE PLAN No 37
Special Observations

Full Name:

Address: **Addressograph**

HCR.....

Care Plan 37 Problem	Goals	Issue Date:	November 2016
		Review Date:	November 2019
..... Requires special observation due to safety concerns	To maintain the safety of the patient within the paediatric environment		
No 1	NURSING INTERVENTION	Commencement, Date, Signature, Time, Grade	Discontinued, Date, time, Signature, Grade
	<ul style="list-style-type: none"> • This care plan should be used in conjunction with the 'SOP on the management of environment and safety for young people and children'. • Orientate patient to their environment and introduce to care team, informing them who their nurse is for each shift. • Perform full nursing assessment on admission and obtain baseline observations. • Nurse in an area of high visibility, or in a location that suits needs, ensuring risks to patient are managed. • Remove hazardous items from patient's possession and room. • Establish a rapport with the patient. • Show empathy and positive regard for the patient by adapting a non-judgmental, supportive, and caring approach. • Encourage patient to communicate needs to nurses. • Observe & record patient's appearance, interactions, mood & behaviours. • Monitor & record patient's sleep patterns. • Observe patient's appetite and nutritional intake. • Offer patient regular opportunities to verbalise his/her needs and concerns. • Maintain consistency with patient's care. • Regular communication with the MDT regarding treatment plan and details of observation required is necessary. • Involve patient in activities where possible and document observations. e.g., school, playroom, computer, reading, watching TV, board games, art & crafts. N.B. Consult treating team prior to sending to school/playroom. • Report and record any concerns immediately to nurse in charge and treating team 		
2	Any other required observations		

Created by CNSp – Psychiatry Service
Issue Date: November 2016 / Review Date: November 2019