

Delivery of Expressed Breast Milk (EBM)

Safety Checks Algorithm

⚠️ MILK SAFETY CHECKS ⚠️

- First checker must be a registered nurse
- Second checker can be a:
 - Parent or
 - Registered Nurse or
 - Student Nurse (Intern/PRCNS) or
 - Health & Social Care Professional

⚠️ ORDER OF USE OF EBM ⚠️

1. Colostrum day 1-5
2. Fresh EBM
3. Frozen EBM using oldest date first

When removing EBM from the fridge for patient, please follow these instructions

The 2 checkers must check the following:

- Patient Name
- HcRN
- Date of birth
- Date & time milk was expressed or
- Date & time if milk decanted / defrosted
- ID band at bedside

Fortification/ additions: 2 checkers must ensure details on patient's diet sheet match directions on sachet/ label on bottle containing product from formula room

The 2 checkers perform safety checks at the patient's bedside

The 2 checkers must date & sign the delivery of EBM safety checks sheet