

MUCOSITIS GRADING SCALE

Healthy Mouth		
The mouth is pink and healthy, no lesions present, no bleeding and the mucosa is moist		
Grade	Description	Action
Grade 0	<ul style="list-style-type: none"> Normal mouth 	<ul style="list-style-type: none"> Oral Hygiene as for age twice daily. Oral assessment twice daily.
Grade 1	<ul style="list-style-type: none"> Erythema of oral mucosa. May have some pain / discomfort 	<ul style="list-style-type: none"> Oral hygiene as for age twice daily. Oral assessment twice daily. Assess pain score. Administer analgesia as required (PO/NG)
Grade 2	<ul style="list-style-type: none"> Isolation small ulcerations. Mucosa may bleed on probing. Saliva is thicker than normal. Patient may only be able to tolerate bland food but can drink as normal. 	<ul style="list-style-type: none"> Oral hygiene as for age twice daily Oral assessment twice daily Assess pain score Administer analgesia as required (PO/NG/NCA/PCA) Dental review as required Monitor intake and output Monitor full blood count
Grade 3	<ul style="list-style-type: none"> Ulcers and extensive erythema. White patches covering more than 25% of oral mucosa. Unable to swallow solid diet. Saliva thick and ropey. Hoarse / raspy voice. Moderate / severe pain 	<ul style="list-style-type: none"> Oral hygiene as for age twice daily as tolerated. Oral assessment twice daily. Assess pain score. Administer analgesia (NG/PCA). Dental review. Monitor intake and output. Assessment nutrition / hydration.
Grade 4	<ul style="list-style-type: none"> Haemorrhagic ulceration. Cannot swallow saliva / drooling. Severe pain. Unable to eat or drink. Hoarse / raspy voice. 	<ul style="list-style-type: none"> Oral hygiene as for age twice daily as tolerated. Oral assessment twice daily. Assess pain score. Administer analgesia (PCA/NCA) Dental review Monitor intake and output Assess nutrition / hydration
Oral Hygiene		Age related
Children >2 years		Clean teeth at least twice daily using soft toothbrush and fluoride toothpaste (full strength 1450ppmF). Children <7 years, should supervise brushing, and should brush child's teeth on one occasion during the day.
Children <2 years		Parent / carer brushes child's teeth twice daily with soft wet toothbrush (no toothpaste).
Babies without teeth		Parent / carer cleans mouth with moist gauze (water), if needed.

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