

## Perform Oral Assessment Using the Oral Assessment Tool (OAT)

### TWICE DAILY

#### Brush child's teeth with a small soft toothbrush

- Children under 2 years, do not need to use toothpaste
- Children over 2, should use a pea sized amount of fluoride toothpaste
- Under 7 years, an adult should brush the child's teeth
- Over 7 years, an adult should supervise the child
- Spit out the toothpaste, do not rinse.

**Rinse toothbrush with water and allow to air dry**  
**NB: Consider Sterile Water in high risk patient categories**

**Document oral assessment and oral care**

